

CROWLEY ORAL SURGERY AND ASSOCIATES

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INSTRUCTIONS TO PATIENT FOR ANESTHESIA IN THE OFFICE

1. To prepare for General Anesthesia or I.V. Sedation, **do not eat any food or drink any liquids for eight (8) hours** before your appointment.

Nothing... NO WATER, NO JUICE, NO COFFEE, ETC.

Ask the doctor for instructions regarding your usual prescription medications.

REASON: Your stomach should be empty of food and liquids to minimize the Possibility of vomiting (which can be an added risk during anesthesia).

2. A responsible adult **MUST** accompany you and **MUST** be present in the office while you are in surgery. They **MUST** be available to sit with you in recovery, escort you by arm, and accompany you home. Your driver **MAY NOT** drop you off and return at a later time. After your surgery you should not be left alone for the first 24 hours. A responsible person should be at home with you.
3. All fingernails need to be **FREE** of any type of nail polish (clear or colored). If acrylic nails are worn, all nails on each hand need to be **FREE** of acrylic.
4. **Contacts must be removed before surgery. If possible wear glasses that day.**
5. You will be questioned regarding your medical history and general health. Your blood pressure, pulse, electrocardiogram, may be taken. **Please bring a list of medications you are taking.**
6. Loose clothing should be worn, and both sleeves should be easily drawn past the elbow. **PLEASE WEAR SENSIBLE WALKING SHOES.** (NO FLIP-FLOPS, SLIP ON SANDALS, HIGH HEELS ETC.)
7. **ALL BODY JEWELRY MUST BE REMOVED.** e.g., Tongue rings, nose rings, eye brow rings, neck rings, etc.
8. **Tie hair back away from face.**
9. **NO MAKE-UP.**
10. Any patient undergoing General Anesthesia or I.V. Sedation must follow the above instructions and agree to the following:
 - **DO NOT drive a vehicle or operate any machinery that day.**
 - **DO NOT undertake any responsible business matters that day.**
 - **DO NOT drink any alcohol that day.**
 - **DO NOT take any medications without approval.**
11. **If you have a cold or are getting a cold, please call the office as soon as possible.**
Surgery may be postponed.
12. **Please utilize the restroom after checking in with the front desk on the day of your surgery.**